

## **Personalized Care Programme (PCP)**

Personalized Care Programme is introduced by Hospital Authority and service team is developed in Kwai Chung Hospital in April 2010. Aim at assisting discharged cases with severe mental health problem to re-integrate into the community, community resources are utilized. Currently, the service has been extended to Shum Shui Po, Mong Kok, Tsuen Wan, Kwai Chung, Tsing Yi, Lantau Island North and Wong Tai Sin.

#### Service Aims

- Assist discharged case to re-integrate into the community
- Monitor mental state and drug compliance during home visit
- ➤ Early detection of relapse signs and prevent unplanned admission
- Provide support to people with mental health problem and their carers in the community

### Service groups

- ➤ Age over 18 with severe mental illness
- > Case on home leave or discharged from Kwai Chung Hospital
- ➤ Residents of Shum Shui Po, Mong Kok, Tsuen Wan, Kwai Chung, Tsing Yi, Lantau
- > Island (North) and Wong Tai Sin

#### Service Characteristics

1. Case management model

To support independent living in the community, personalized care programme is developed between the client and the case manager.

- 2. Extended service period and office time to meet clients' and carers' needs in the community, both community service and working hours are extended to one year and six-day per week respectively.
- 3. Multi-professional approach and co-operation with non-government organization to maximize client's strengthen in the community, multi-professional staff are employed and they are medical officers, clinical psychologists, nurses, occupational therapists, medical social workers. Client is referred to various non-government organization for further community support.

#### **Service Referral**

Medical officers of Kwai Chung Hospital

# **Service enquiry**

PCP (Kwai Chung, Tsing Yi)	Tel: 6462 0162
PCP (Shum Shui Po, Mong Kok)	Tel: 6462 0300
PCP (Tsuen Wan, Lantau Island North)	Tel: 6462 0380
PCP (Wong Tai Sin)	Tel: 2462 3000